

Issue 2 Volume 1

# Kentucky Mental Health Counseling

March 15, 2020

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## **KMHCA COVID-19 Response**

We have been actively coordinating with KCA and ACA during this national crisis to assess our options for best practice strategies. We also ask that you share any updates on the KCA or KMHCA facebook pages.

### **Introduction**

This is a comprehensive newsletter for mental health counselors in Kentucky. The updates, notices, and personal reflections are comprised from current legal statutes, current and future opportunities in the field of mental health counseling, and personal stories and reflections of mental health counselors in the state.

Submissions by mental health counselors are welcome at any time. The next issue will be released on June 1st, 2020 and submissions will need to be made by May 15th, 2020 for review and consideration. We welcome notices of upcoming events within the state

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for mental health counselors, legislative concerns, and personal stories. Three major areas of interest are self-care, best practices, and personal stories related to growth and development within the field of mental health counseling.

Please submit your articles to [anna.settle@lindsey.edu](mailto:anna.settle@lindsey.edu); please include a photo of yourself and a short bio to be featured with your submission.

### **New Board Approved Counselors**

Congratulations to all of our newly licensed clinicians! We all know the hard work and dedication it takes to make it this far!

#### **October LPCA's**

- Carolyn Abel
- Sammi Anders
- Nikki Barrett
- Kamaria Batiste
- Latrisha Caudill
- Chara Chandler
- Alfred Cornett
- Brooke Elder
- Miranda Farthing Sr.
- Maryann Franco
- Rebecca Fryman
- Hollie Harrison
- William Hollon
- Allison Mack
- Mikayla Mason
- Heather McAninch
- Misty Meadors
- Shelby Pennick
- Teresa Tackett
- Samantha Woods

#### **November LPCA's**

- Amy Bates
- Jennifer Lord
- Pamela Miller
- Derek Priester
- Rebecca Winter

#### **December LPCA's**

- Jamie Bell
- Millicent Cahoon
- Charles Collett
- Meredith Cundiff
- Natalie Dixon
- Ruby Gayheart
- Lorena Ginn
- Mary Kay Giovanetti
- Nicole Gutman
- April Hayes

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- Sara Hendricks
- Katie Jeffcoat
- Paula Keith
- Patricia Lane
- Kelsey Leveridge
- Kylie Lewis
- Lacie Martinez
- Jessica Massey
- Shelby Mattingly
- Ashlee Mayberry-Marshall
- Janet Meeks
- Mckayla Moore
- Jennifer Orchard
- Haley Payne Buck
- Christopher Robinson
- Kimberly Schwartz
- Samantha Torres
- Mikka Trent
- Eric Webb
- Malissa Williams
- Beth Willis

### *Spotlight*

**ACA** has canceled their 2020 annual conference due to the COVID-19 pandemic. You can find more information on their [website](#). According to their latest update, registration fees can be transferred to next year's conference in Orlando FL., refunded in full, or have your ACA dues taken out of your registration and then have the balance refunded to you.

**WKMHC**A is hosting a spring training conference on Friday **April 17th** at Murray State **Paducah Campus**. The training will be on Psychopharmacology and Multiculturalism. The presenters are Dr. Laurie Ballew, Ed.D., D.O., DFAPA from Holistic Psychiatry in Paducah; Dr. Samir Patel, Ph.D., LPCC-S from MSU and Bridges Family Center in Murray; and Dr. Justin Brogan Ph.D., LPCC from MSU in Murray. The cost is **\$60 to WKMHC**A members and \$75 to non-members. **Lunch and 6 CEUs are included** in the cost of registration. Register online through [eventbrite](#).



The [KMHCA Website](#) can still be used to find out the most current information regarding the annual conference, membership, regional chapters and current staff members.

### **Events**

**KMHCA's Annual Conference's** planning and preparation is underway. Lindsey Wilson College will once again be hosting the conference. Please join us on July 24th and 25th. The theme of the conference is Leadership and Advocacy. Proposals are now being accepted. The deadline for submissions is April 1st, 2020. Notifications of acceptance will be sent out by May 15th, 2020. Proposals and questions should be directed to [Veronica.Singleton@lindsey.edu](mailto:Veronica.Singleton@lindsey.edu). Presenters will receive a discounted rate on registration fee.

### **Focus On - Responding to Crisis**

Given the recent pandemic of the Coronavirus, as mental health professionals we have been left with the heavy task of being sure that clients will continue to be cared for in a safe and effective manner. If our regular format for providing counseling is face-to-

face, what protocols are in place to ensure that clients continue to get proper mental health care?

Although some agencies are equipped to engage with clients via telehealth, what options are available for those that are not? This question has quickly risen to the surface over the past week, as we have watched the Coronavirus risks create anxiety and uncertainty in how mental health professionals across domains will provide client services.

Professional organizations have stepped up to provide potential resources for mental health providers, but it is not a one size fits all approach. As your state level organization for mental health counselors, KMHCA would like to provide links that may be beneficial for you to review in regards to possible telehealth solutions during this time. Please take into consideration that your specific mental health placements will need to be considered before determining whether the following resources could be helpful. This includes reviewing your agency's protocol and procedures for providing telehealth services. Additionally, state regulations should be considered. We hope these links are helpful in at least beginning to explore your possibilities to provide continuity of care to your clients.

Be well!!

[Resource 1](#)

[Resource 2](#)

[Resource 3](#)

